

1. Title of the certificate ¹

**Δίπλωμα Επαγγελματικής Ειδικότητας Εκπαίδευσης και Κατάρτισης Επιπέδου 5 Ειδικότητα Ι.Ε.Κ.:
ΒΟΗΘΟΣ ΦΥΣΙΚΟΘΕΡΑΠΕΥΤΗ ΣΕ ΙΑΜΑΤΙΚΕΣ ΠΗΓΕΣ ΚΑΙ ΛΟΥΤΡΑ**

2. Translated title of the certificate ²

**Vocational Training Diploma Initial Vocational Training (I.E.K.) Level 5. Specialty of I.E.K.:
ASSISTANT PHYSIOTHERAPIST IN SPAS AND BATHS**

3. Profile of skills and competences

LEARNING OUTCOMES (KNOWLEDGE, SKILLS, COMPETENCES). A typical holder of the certificate is able to:

KNOWLEDGE

- State in detail the organs that make up the respiratory, urinary, reproductive and nervous system, and the muscles and bones that form the skeletal and muscular system and describes in general terms the operation thereof.
- Present the exercises and the means used to exercise and massage for patients with mobility problems.
- Demonstrate the basic principles for patient safety during exercise.
- Discern and describe accurately the techniques used for the rehabilitation of patients suffering from orthopaedic, neurological, rheumatology, and cardiorespiratory conditions.
- Present adequately knowledge about the spa treatment and hydrotherapy, applied in a personal tank and pool.
- Analyze the hydrotherapy programmes suitable for orthopaedic, neurological, rheumatologic and cardiorespiratory, gynaecological and dermatological diseases, sports injuries, people with disabilities and the elderly.
- Demonstrate the basic principles governing the physical medicine and rehabilitation therapies.
- Formulate basic knowledge of first aid and hygiene in baths, spas or physiotherapy sites using water as the basis for treatment.

SKILLS

- Follow, without errors and deviations, the instructions issued by specialists with regard to the exercise of patients and the application of hydrotherapy programmes, thus assisting to the healing work of the physiotherapist.
- Apply, under the physiotherapist instructions, the basic methods for kinesiotherapy and massage.
- Observe the hygiene rules provided in his/her employment site (spas, baths, hydrotherapy centres, etc.).

COMPETENCES

- Work in accordance with the ethics of his/her profession, respecting the rights, the needs, the dignity, and the values of patients.
- Undertake initiatives within his/her knowledge, capabilities and experience, while always informing specialists and with the consent both of them and of patients.
- Collaborate effectively with other workers in spas, baths or any other site of employment, without creating problems or risking patient safety.

4. Range of occupations accessible to the holder of the certificate ³

The holder of this specialisation certificate may work in spas, hotel-spas, and in other businesses providing similar services.

The Vocational Training Diploma is recognised as a qualification for appointment in the public sector falling in the category S.E. (Secondary Education) according to the Presidential Decree no.50/2001 (Greek Official Gazette 39/Vol.A/5-3-2001).

¹ In the original language. | ² If applicable. This translation has no legal status. | ³ If applicable.

5. Official basis of the certificate

Body awarding the certificate

E.O.P.P.E.P.
(National Organisation for the Certification of
Qualifications and Vocational Guidance)
Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia
<https://www.eoppep.gr/>

Level of the certificate (national or European) ¹

Level 5 National and European Qualifications Framework

Access to next level of education / training ¹

Yes

Legal basis

Law 2009/1992 on the National System of Vocational Education and Training
Law 4186/2013 on the Restructure of Secondary Education
Law 4763/2020 on National System of Vocational Education, Training and Lifelong Learning

6. Officially recognised ways of acquiring the certificate

Total duration of the education / training leading to the certificate
Success in the the Initial Vocational Training certification examinations
4 semesters (until law 4186/2013) / 5 semesters (after law 4186/2013)

7. Additional information

Entry requirements ¹

Certificate of Upper Secondary School. Qualification of Level 4 (NQF/EQF) // Certificate Vocational Training School (SEK) – Qualification of Level 3 (NQF/EQF)
Following the voting of L. 4763/2020, only by an Upper Secondary Education certificate or an equivalent title of studies (Qualification of Level 4 NQF/EQF)

Indicative subjects taught:

Anatomy, Physiology, Kinesiology, Hygiene - First Aid, Elements of Medical Physics, Physical medicine and rehabilitation, Kinesitherapy - Massage I, II, Medical Bioclimatic Treatment, Psychological and social and disability aspects, Physical - Mechanical means, Orthopaedic Traumatology, Neurology, Rheumatology, Technical rehabilitation in orthopaedic conditions, Rehabilitation techniques in neurological conditions, Rehabilitation techniques in rheumatologic diseases, Rehabilitation techniques in cardiopulmonary conditions, Exercise Physiology, Hot springs and spa treatment, Hydrotherapy in individual tank or pool, Hydrotherapy programs for orthopaedic conditions, Hydrotherapy programs for neurological conditions, Hydrotherapy programs for rheumatologic conditions, Hydrotherapy programs for cardiopulmonary conditions, Hydrotherapy programs for gynaecological and dermatological conditions, Hydrotherapy programs for sports injuries, Hydrotherapy programs for people with disabilities, Hydrotherapy programs for the elderly and other conditions, Practice, English, Computer skills.

More information

National Qualifications Framework : <https://nqf.gov.gr/> and <https://proson.eoppep.gr/en>

National Europass Centre: **EL/NEC - E.O.P.P.E.P.** National Organisation for the Certification of Qualifications and Vocational Guidance, Ethnikis Antistaseos 41 Avenue, 142 34 N. Ionia, Greece. T.0030 2102709000 europass@eoppep.gr
<http://europass.eoppep.gr> www.eoppep.gr

¹ If applicable.